



TEAM PNG

Team PNG

Athletes Selection Policy



BASKETBALL FEDERATION PNG

5 x 5

Version:	1.2
Date of Version:	13 February 2025
Created By:	Papua New Guinea Olympic Committee
Approved By:	The PNGOC Executive Board
Approved Date:	
Confidentiality level:	Public

1. Introduction

1.1 Background –

The Papua New Guinea Olympic Committee (PNGOC) has developed this policy for the selection of athletes to represent PNG at respective Games from 2025 to 2028.

The (Games) being considered under this selection policy are:

- 2025 Mini-Pacific Games
- 2026 Commonwealth Games & Youth Olympic Games
- 2027 Pacific Games
- 2028 Olympic Games

The PNGOC is recognised by the International Olympic Committee (IOC) as the National Olympic Committee for Papua New Guinea. The IOC is the supreme authority in all matters concerning the Olympic Games.

PNGOC is also recognised by the Commonwealth Games Federation (CGF) and the Pacific Games Council (PGC) as members of the respective bodies. The CGF is the supreme authority in all matters concerning the Commonwealth Games as is the PGC the supreme authority in all matters concerning the Pacific Games.

The PNGOC has the sole and exclusive authority to determine its representation at the Games.

The PNGOC wishes to promote awareness and a clear understanding of the process for nomination of Athletes by the National Federations (NF) and selection by the PNGOC for Team PNG (the Team) to compete in the Games.

The NF and its athletes wish to have a clear understanding of the process for nomination and selection of Athletes for the Team and have agreed to the terms and conditions of this Policy for that purpose.

This Policy sets out the application, nomination and selection process by which eligible Athletes may be considered for nomination by the NF, and selection by the PNGOC, for Team PNG.

This Policy also sets out the procedures that must be followed for any appeal against a decision by the NF regarding an Athlete's nomination or non-nomination or a decision by the PNGOC regarding an Athlete's selection or non-selection to the Team.

This policy is to be referred to in the nomination criteria to be adopted by each National Federation (NF) for all athletes wishing to be considered for nomination to Team PNG to compete in the Games.

1.2 Purpose –

For PNGOC to select a team that:

- Has high-performing athletes to represent Team PNG at the Games.
- Has a high percentage of Teams meeting the Performance Standards.

- Achieves the targets set out by PNGOC for the respective games.

2. Process

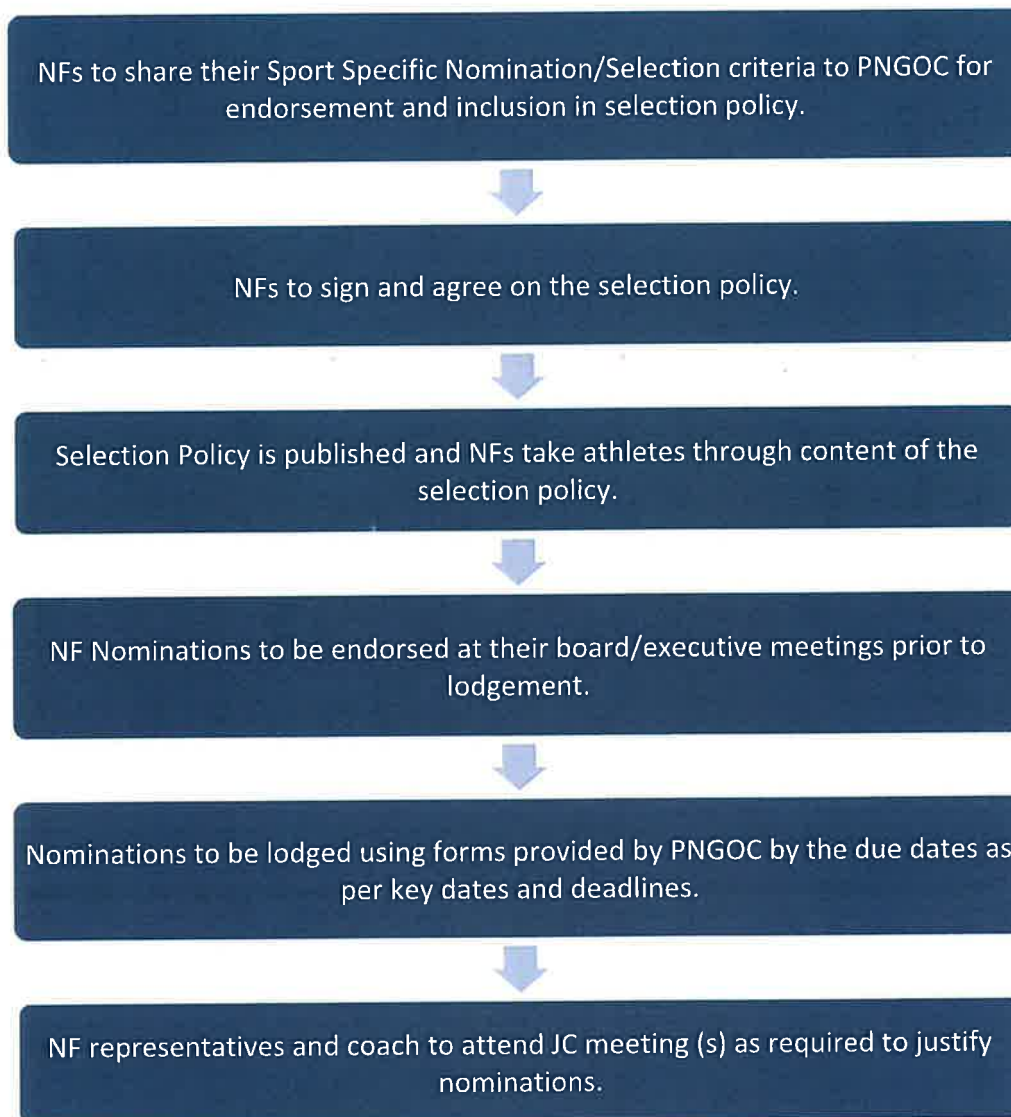
This policy has been adopted by the PNG Olympic Committee.

NFs must nominate athletes in the sport for selection for Team PNG for the Games, by the due dates.

The Justification Committee (JC) of the PNGOC will review the nominations and make the final selection in line with this policy and the NF nomination/selection criteria.

2.1 Nomination Process – National Federations

The process for NFs to nominate athletes in their respective sports is as follows



A National Federation must not represent that a nomination of a candidate guarantees or secures selection to the sport or within the team.

It is recommended that the NF nomination/selection panel includes independent representation and that one position is given to the Head Coach.

2.2 Selection Process – Justification Committee

The JC has the task of ensuring the nominated candidates become the right team or individual to fulfil the PNGOC's overall vision. This means selecting the right people that give Team PNG the best chance of achieving our Games goals. The JC may request additional advice from external specialists where required.

Any discretion used by JC must be transparent, accountable, logical and acted upon in good faith.

Outcomes of all selection processes will be communicated both verbally and in writing by the JC to the NF.

2.3 General Criteria & Eligibility (For all Athletes)

- 2.3.1 Must be a Papua New Guinean Citizen with a valid Papua New Guinea (PNG) passport (with a six-month minimum expiry as at the conclusion of the Games);
- 2.3.2 Must meet all eligibility requirements set out in the International Olympic Committee Charter, Commonwealth Games Federation Charter, Pacific Games Charter and rules applicable to the respective Games, this policy, and any requirements of the sport.
- 2.3.3 Must complete all required documentation correctly and in a timely manner.
- 2.3.4 Must adhere in full to all general Team PNG policies, athlete's agreement and PNGOC policy including satisfactorily meeting event requirements. This will include the completion of all medical, fitness and other testing protocols not yet conducted or still underway at the time of squad selection. *The candidate will be notified in writing of areas they need to address if non-compliant. If after such notification the candidate still fails to meet the criteria, the candidate can be removed from consideration for selection.*
- 2.3.5 Willingness to engage in and encourage participation in PNGOC and Team PNG activities and programs.
- 2.3.6 Must agree to the terms of this Selection Policy.
- 2.3.7 Must sign and agree to the terms of the athlete agreement before and during the Games.
- 2.3.8 Have achieved Performance Standards (as set out in clauses 3.1 and 3.2) within the timeframe as pointed out for the respective Games.

2.4 Physical Fitness, Injury Monitoring and Wellbeing –

All nominated athletes must submit to medical and physical assessments and examinations as follows

- 2.4.1 All athletes must report any injury, medical condition or medication/treatment of an injury or medical condition to the National Head Coach & Team PNG appointed medical personnel, where it has an impact on the athletes' ongoing training plan.
- 2.4.2 All athletes must comply with set physical and medical assessments as set out by PNGOC and JC requirements.
- 2.4.3 All athletes must provide any information required by PNGOC in relation to a medical or physical assessment, injury or medical condition.

2.5 Exclusions –

A nominated athlete can NOT be considered for selection for any sport in the following circumstances. If the candidate:

- 2.5.1 is currently serving a ban imposed by the National Federation; or
- 2.5.2 is currently serving a ban imposed by any Regional or International Federation; or
- 2.5.3 has been involved in an activity that contradicts the policies and laws of the World Anti-Doping Authority (WADA), PNG Sports Anti-Doping Organisation (PNGSADO) and the event's governing body, anti-doping policies and laws; and is currently serving a ban for anti-doping related offences.
- 2.5.4 is convicted of a criminal offence.

A nominated athlete May be excluded from consideration if the candidate:

- 2.5.5 breaches general team policy such as behaviour or conduct bringing sport in PNG and Team PNG into disrepute;
- 2.5.6 does any action that is contrary, inconsistent with or opposing to the brand, values, best interest or image of PNGOC and Team PNG;
- 2.5.7 does not comply with all agreements such as General Team Policy including areas such as gambling policy, social media guidelines and formal guidelines set by PNGOC, Team PNG Chef de Mission and Management.

An endorsed athlete May not be replaced within forty-five (45) days of the opening ceremony of the respective Games. The dates outlined below indicate the date by which an athlete may not be replaced thereafter for the respective Games:

2025 Mini-Pacific Games	-	May 15 th 2025
2026 Commonwealth Games	-	June 8 th 2026
2026 Youth Olympic Games	-	September 16 th 2026
2027 Pacific Games	-	June 9 th 2027
2028 Olympic Games	-	May 30 th 2028

The JC will only consider athlete replacements in the case of injuries, medical reasons or extenuating situations as outlined below. Replacement athletes can only be allowed if the replacement is on the long list and was previously endorsed by the JC.

Consideration of Extenuating Situations –

In the case of illness or other reasonable circumstances that prevent the candidate from fulfilling their requirements, written notification to the JC must be made prior to or within a reasonable time of the failure to comply. This can include but is not limited to, attendance at daily training, camps, testing, international and domestic events, training and development and other key events as per the calendar. With relevance to an overseas-based athlete, a case-by-case decision will be made by the JC in consultation with the Chef de Mission if needed.

3. Selection Overview Sport Specific requirements

3.1 Performance Standards – The Athlete

The Performance Standards for the Athlete in a Team shall be used as the main criteria for selection for the various Games. Factors considered for selection include:

- 3.1.1 commitment to training and preparation for games.
- 3.1.2 no disciplinary issues.
- 3.1.3 has met the requirements outlined in 3.3 below.

3.2 Performance Standards – The Team

The following Performance Standards for the Team shall be used as the main criteria for the selection of a Team for the various Games. It shall, however, be used in combination with PNGOC's *National Federation and Athlete tiering system policy* and other factors such as demonstrated improved performances and results at key international competitions, athlete commitment to training and preparation for games and no disciplinary issues.

The performance history of the team shall also be from various international events from the last twenty-four months prior to the commencement of the respective games.

3.2.1 2023 Pacific Games

- 3.2.1.1 The Team eligible for the Pacific Games shall be ranked in the top 5 in Oceania and the top 3 in the Pacific to be considered for final selection.
- 3.2.1.2 Must be capable of achieving a medal placing in their respective sport.

3.3 Events / Competitions & Fitness, Physiological criteria (Elite focus) –

The following criteria will be used as a part of the JC review process for all athletes for Team PNG.

3.3.1 Training & Competition Plan

Each National Head Coach has submitted a training and competition plan. Attendance and ongoing commitment to this plan are vital for inclusion in selections for the final team. Attendance records for training and activities will be recorded and submitted to JC.

3.3.2 Sport Specific Criteria

PNGOC recommends that NFs provide information on the following to support the selection of athletes for Team PNG:

- Previous international and national performances
- Current international and national performances
- Current level of skill and physical fitness (sport-specific requirements attached)
- Current or potential injury or condition that will impair, inhibit or prevent the participant's performance to the expected elite level
- Composition and balance of the team based on position coverage (where applicable)
- Which competitions and/or trials where selections will be made
- Period when selections will be done
- How the NF has communicated the selection criteria to the athletes?

3.3.3 Events

PNGOC recommends that selections be made through the following events as submitted by National Federation's:

- International events – Oceania/ Pacific Championships
- National Championships
- National League/ Provincial League
- HP Camps, selection camps and targeted training sessions
- Selection trials

3.4 Events / Competitions & Fitness, Physiological criteria (Best of Rest focus)

Should the full team requirements not be met from the standards and criteria set out above, then a policy of *Best of the Rest* will apply. This is where PNGOC may decide to endorse a team that has not met the standards and criteria laid out in this policy whose inclusion in Team PNG is within the allowable athlete allocation numbers and is in line with PNGOC's Games' goals.

This will be done on similar grounds as the criteria above, i.e.

- 3.4.1 Event and competition performance
- 3.4.2 Results from Specific Testing Data
- 3.4.3 Results from Medical and Physical assessments
- 3.4.4 Other factors considered by selectors to be important.
- 3.4.5 PNGOC's *NF and Athlete tiering system policy*.

3.4.6 Commonwealth Games – The team must be ranked in the Top 5 in the Pacific.

3.4.7 Pacific Mini Games & Pacific Games – The team must be ranked in the Top 5 in the Pacific.

3.4.8 The Best of the Rest focus does not apply to the Olympic Games.

The Best of the Rest focus will only apply to the Pacific Mini Games, Pacific Games, Commonwealth Youth Games and the Commonwealth Games.

The Best of the Rest focus does not apply to the Olympic Games for Teams.

Discretion will be used in this situation where the data and information is more objective and less definitive.

4. Appeal Process

An athlete who fails to be selected for the squad or final team pursuant to the criteria set out in this policy may appeal against omission.

An athlete who was initially in the final team and was then omitted by the NF may appeal against omission.

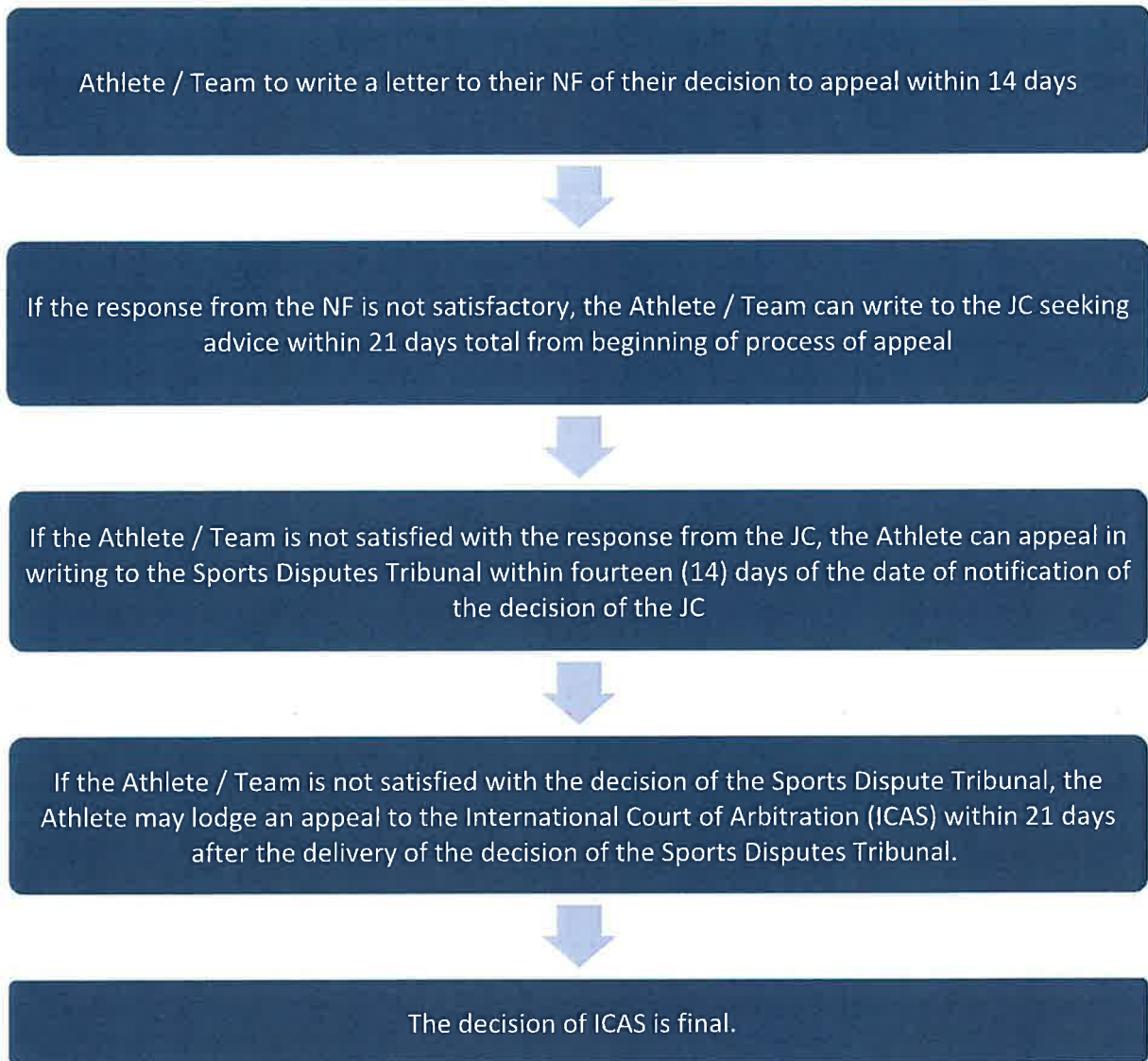
The only grounds for such an appeal are that the JC, in making their final decision, failed to comply with this policy.

There is no right to appeal where a sanction or ban exists in relation to WADA or International Federation.

Appeals – Appeals can be made through the standard sports appeal process, with ultimate arbitrator being the International Court of Arbitration (ICAS).

Scenario 1 – Athlete / Team is not nominated by the NF

Process for an athlete to appeal if they haven't been nominated by the NF is as follows:



Scenario 2 – The athlete / Team is excluded by the JC

Process for an athlete and/or the NF to appeal if the athlete (s) are excluded by the JC is as follows:

If the Athlete, Team and/or NF is dissatisfied with the decisions of the Justification Committee, the Athlete, Team and / or NF can appeal in writing to the Sports Disputes Tribunal within fourteen (14) days after the date of notification of the decision of the JC.



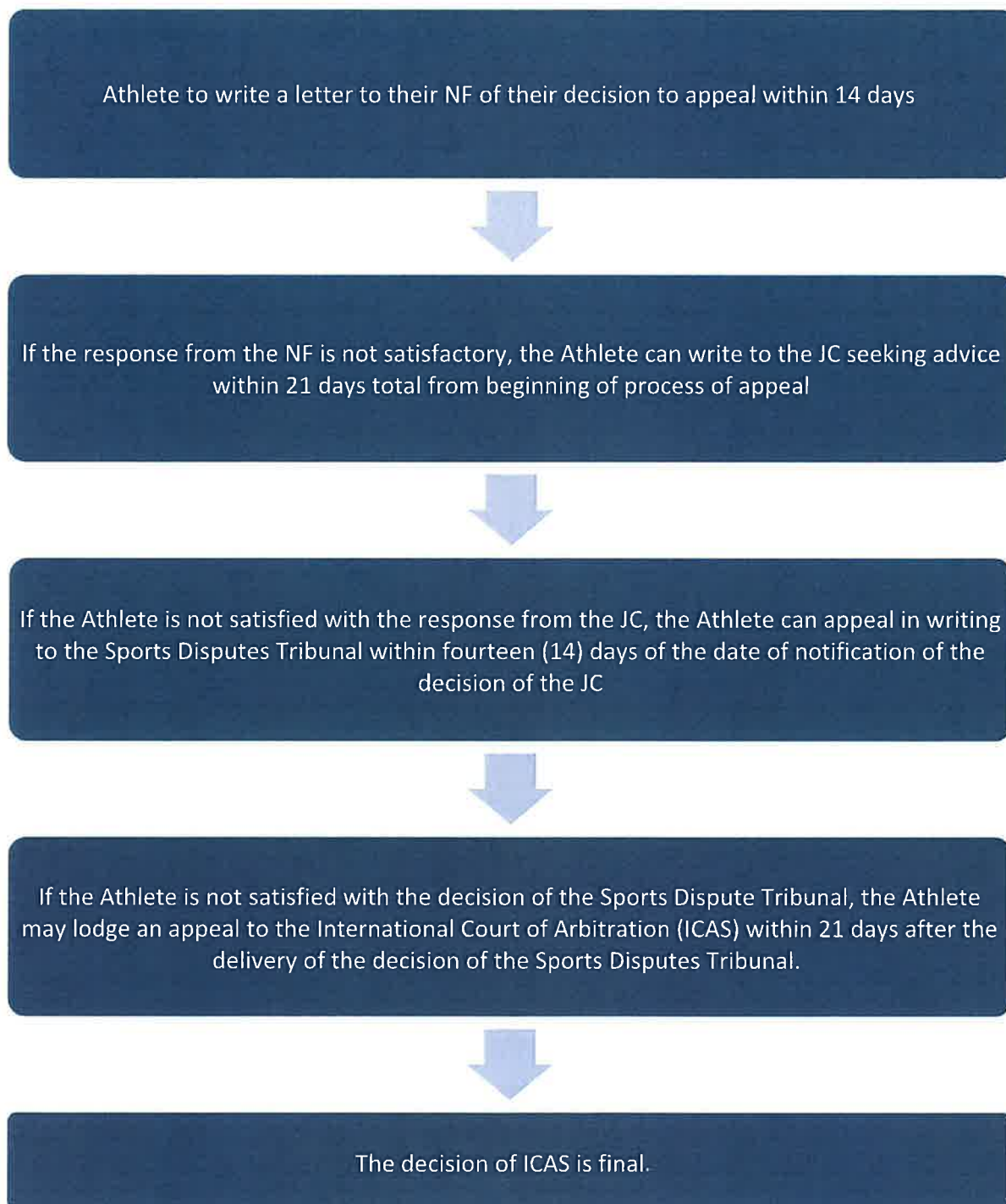
If the Athlete, Team and/or NF is dissatisfied with the decision of the Sports Dispute Tribunal, the Athlete may lodge an appeal to the International Court of Arbitration (ICAS) within 21 days after the delivery of decision.



The decision of ICAS is final.

Scenario 3 - Athlete dropped by NF after being in the final endorsed team

Process for an athlete to appeal if they were initially in the final endorsed team but was dropped by the NF:



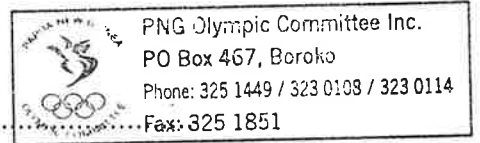
The appeal process will not be extended beyond 21 days. A final decision is to be made in due course but no later than the due date for final nominations.

Indemnity: - It is a condition of nomination and participation in the selection that PNGOC and its directors, officers, employees, servants, and agents be indemnified from and against all claims, demands, action, proceedings, costs and expenses including legal costs and liabilities to third parties arising out of incidents of any breach by the National Federation, and/or athletes.

We, the undersigned are in agreement with this Selection Policy to select athletes to represent PNG at respective Games from 2025 to 2028.

Dated this 17th day of JANUARY, 2025

Desmond Kaviagu
Secretary-General
PNG Olympic Committee



Name of NF Executive : DAVID PETER

Signature of NF Executive : 

NF Executive Position : PRESIDENT

Name of Witness : JORDAN SERE

Signature of Witness : 

Address of Witness : P.O Box 1805 WATERFRONT NCDC

Team PNG - Performance Standards (Team Sports)

		Games			
Year	2025	2026	2026	2027	2028
Games	Pacific Mini Games	Commonwealth Games	Youth Olympic Games	Pacific Games	Olympic Games
Host City	Ngerulmud	Glasgow	Dakar	Papeete	Los Angeles
Host Country	Palau	Scotland	Senegal	Tahiti Nui	USA
Date	June 29 th – Jul 9 th	July 23 rd - Aug 2 nd	Oct 31 st – Nov 14 th	Jul 24 th – Aug 8 th	Jul 14 th – 30 th
No. of Sports	14	10	38	24	50
Performance Standards					
Oceanic Pacific	Top 5 Top 3	Top 3	Top 5 Top 3	Top 5 Top 3	Top 3 1st
Selection Policy Criteria - Team	<ul style="list-style-type: none"> • Team has Demonstrated improved performances and results at key international competitions over the past 24 months (Prior to the commencement of Games). Includes improved performances from Pacific Games 2019 and 2023 • Capable of achieving a medal placing in their respective sport 	<ul style="list-style-type: none"> • Team has Demonstrated improved performances and results at key international competitions over the past 24 months (Prior to the commencement of Games) • Capable of achieving a top third placing of their respective sport 	<ul style="list-style-type: none"> • Team has Demonstrated improved performances and results at key international competitions over the past 24 months (Prior to the commencement of Games) 	<ul style="list-style-type: none"> • Team has Demonstrated improved performances and results at key international competitions over the past 24 months (Prior to the commencement of Games). Includes improved performances from Pacific Games 2023 • Capable of achieving a medal placing in their respective sport 	<ul style="list-style-type: none"> • Team has Demonstrated improved performances and results at key international competitions over the past 24 months (Prior to commencement of Games) • Capable of achieving a placing in the top half of their respective sport
Selection Policy Criteria - Athlete	<ul style="list-style-type: none"> • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Commitment to training and preparation for the Games • No disciplinary issues 	<ul style="list-style-type: none"> • Commitment to training and preparation for the Games • No disciplinary issues

Change history

Date	Version	Modified by	Description of change
5 th Oct 21	1.1	Desmond Kaviagu	<ol style="list-style-type: none"> 1. Added Control Version on Cover Page 2. Added Change History on Page 2 3. Added Table of Contents 4. Updated Organisation and Association Logos 5. Added Vaccination requirement in General Criteria and Eligibility Requirements, and Exclusions section
13 th Feb 23	1.2	Chris Amini	<ol style="list-style-type: none"> 1. Removed the 2023 Asian Games and replaced them with the 2023 Commonwealth Youth Games 2. Removed mandatory requirement for COVID-19 vaccination (2.3.5) 3. Removed – 2.5.5: COVID-19 vaccination no longer a requirement 4. Added – Exclusions (2.5): An endorsed athlete <u>May</u> not be replaced within forty-five (45) days of the opening ceremony of the respective Games. The dates outlined below indicate the date by which an athlete may not be replaced thereafter for the respective Games: The JC will only consider athlete replacements in the case of injuries, medical reasons or extenuating situations as outlined in 2.6. Replacement athletes can only be allowed if the replacement is on the long list and was previously endorsed by the JC. 5. Changed – 3.1.3: Added in Commonwealth Youth Games performance standards 6. Added – Appeal process: an athlete who was initially in the final team and was then omitted by the NF may appeal against omission. Added – Appeal process: Scenario # 3 – If an athlete was initially endorsed and then later dropped by NF.



5 x 5 SELECTION POLICY

SAFEGUARDING POLICY

In reference to BFPNG's policies, rules and codes of conduct, this Selection Policy recognizes the rights of athletes irrespective of gender, ethnic differences or other factors. Gender equality and inclusivity are basic human rights of both male and female athletes. All athletes and other participants in basketball have the right to enjoy a safe and supportive sport environment.

The duty of care is a basic but important responsibility of Coaches, selectors, Technical Officials, Team Managers, BFPNG executive and staff, Medical staff and other key Volunteers to provide opportunity, empowerment and protection to all athletes from all forms of harassment and abuse.

BFPNG's policies aim to safeguard our athletes, protect the integrity of our sport and BFPNG, to protect all of us within the BFPNG and in leading in values of Basketball as a safe sport. Our sport provides a safe space to our athletes where BFPNG will provide support and help as necessary.

BFPNG will endeavour to ensure that safe and clean water, bathrooms and toilets are provided at our facilities across the country for our participants including girls and women in basketball.

PART 1

GENERAL RULES APPLYING TO ALL JUNIOR & SENIOR TEAMS

1.1 ELIGIBILITY

- a) Be a citizen of Papua New Guinea with a passport and a legally recognized birth certificate, National Identity Card or equivalent;
- b) Be registered members of basketball or otherwise eligible to represent BFPNG;
- c) Have not breached any BFPNG policies, Team PNG or PNGOC policy, World Anti-doping Organization rules;
- d) Is not currently under any suspension by BFPNG, FIBA, Team PNG, PNGOC, FIBA or other relevant sporting organization;
- e) Have not by their actions or omissions brought themselves or the sport of basketball into disrepute; and
- f) Signed the required athlete agreement or code of conduct.

1.2 MEDICAL/ INJURY/ STRENGTH AND CONDITIONING

All athletes must report or disclose any injury, medical condition, medication, treatment of an injury or illness to BFPNG via the Head Coach or Team Manager where it has

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an impact on the athlete's ongoing training or preparation. All athletes must comply with set physical and medical assessments set by BFPNG.

An athlete must provide any information requested by BFPNG in relation to a medical or physical assessment, injury or medical condition.

Female athletes will undergo pregnancy testing as part of precautionary measures. Where a female athlete tests positive, BFPNG will treat the matter with utmost confidentiality and a decision will be made by the selection panel and the BFPNG Board based on all relevant considerations including but not limited to, medical evidence and advice, training records, strength and conditioning records.

Any athlete carrying an injury or with an ongoing medical condition that is selected will be required to indemnify BFPNG and its agents, coaches, managers and staff and waive any right to claim in the event of loss or damage suffered of any kind. With athletes who are not yet of legal age, their parents will be required to indemnify BFPNG and its agents and staff and waive any right to claim in the event of loss or damage suffered of any kind.

An athlete has the right to seek a second opinion from a reputable doctor or medical/physio expert at their own cost subject to relevant selection deadlines.

1.3 SELECTION PANEL

For every National Training Squad or National Team, the selection panel will be comprised of a member of the Board who will chair the Panel, the Head Coach of that team, the Assistant Coach and an independent member nominated by the Board.

The Selection Panel may consult and/or invite the Team Manager or other medical or other expert to attend and address meetings, as and when required.

The Selection Panel will apply this Selection Policy when selecting a training squad and finalizing a team. If the Selection Panel wishes to deviate from this Selection Policy, it must first consult and seek prior approval of the BFPNG Board.

PART 2 NATIONAL BFPNG BOYS AND GIRLS U/15 AND U/17 TEAMS

2.1 Character attributes

- Next Play Mentality: Ability to handle adversity, displays positive body language, ability to overcome mistakes
- Work Ethic: disciplined, committed to getting better, consistency in effort
- Passion: commitment to both sport, and improving self
- Coachability: willingness to take criticism positively and to improve from it
- Leadership Qualities: ability to lead others, helps team mates be better
- Selflessness: puts the team/others' needs before themselves.

2.2 Physical attributes

- Height
- Wingspan

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- Athleticism: explosiveness, speed, jumping ability, timing, agility, lateral movement
- Stamina: conditioning, ability to string together multiple efforts for extended periods of time
- Positional strength

2.3 Game sense

- BFPNG National Style of Play understanding
- Ability to play without the ball
- Court vision
- Instincts
- Basketball IQ

2.4 Basketball Specific Skills – 5 Point Skill Package

- Dribbling: both hands, under pressure, at pace
- Passing: both hands, under pressure, at pace, fundamental passing skills, touch of pass, timing of pass
- Shooting: from range, finishing package, technique, consistency
- Individual Defence: close outs, containment, chest blows, stance, aggressiveness, hand pressure, footwork & positioning
- Body Movement Fundamentals: pivots, footwork, stops, stance, running technique, jumping and landing technique, ball protection, catching, IQ

Refer to Schedule 1 for the skills matrix guide to be applied to each age group.

PART 3 NATIONAL BFPNG MEN'S AND WOMEN'S SENIOR TEAMS

3.1 Initial Selection to Training Squad

Athletes are selected based on;

1. Athletic ability – e.g. Speed, Height, Athleticism, Quick hands, Strength, Lateral speed etc.;
2. Technical, Tactical, Physical, and Mental approach to the game of basketball – the four (4) pillars of High Performance sport;
3. To be socially compatible and display a sense of "team ethics";
4. Receptive to and respectful of the coaching;
5. Desire and commitment to succeed at the highest level.

Further, the athlete needs to illustrate three (3) key areas in the selection for one of our teams;

6. An ability to Shoot – quickly and at a high clip, with sound technique, range and also finishing moves, plus the ability to create space to get their shot away;
7. 1 v 1 offensive ability – the ability to create for themselves and most importantly create for others off of the dribble; and
8. 1 v 1 defensive ability – the ability to defend their position and above in both the full court and the half court.

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BFPNG may also select athletes with potential for development purposes.

3.2 Selecting Final Team

3.2.1 Basketball Performance

- Previous international and national performances
- Current international and national performances
- Current domestic performances
- Currently level of skill and physical fitness
- Current or potential injury of condition that will impair, inhibit or prevent the athlete's performance to the expected elite level
- Composition and balance of the team based on positional coverage
- Results from specific testing data

3.2.2 Specific Skills by Position

3.2.2.1 Point Guard

Offensively

- Ability to create off the dribble
- Ability to make entry passes to both perimeter and post players
- Ability to make reads and penetrate with timing
- Ability to play effectively without the ball
- Can pass the ball with either hand
- Demonstrates excellent decision making skills
- Great court vision
- Great understanding of the game
- Leader, sets the tone and intensity and makes team mates better
- Possesses excellent ball handling skills

Defensively

- Ability to apply constant ball pressure and contain opponent
- Ability to defend bigger opponents
- Awareness and willingness to rotate out on shooters
- Communicates well, directs transition defence
- Excellent defensive footwork
- Has a desire to help team mates, scrap and battle for the ball
- Leader defensively, sets tone and intensity for trainings and games

3.2.2.2 Guard/Shooting Guard

Offensively

- Ability to get out and run hard in transition
- Ability to make entry passes to both perimeter and post players
- Ability to score and pass
- Ability to play effectively without the ball
- Ability to read penetration and position oneself for dish and shot
- Ability to release shot quickly with accuracy
- Ability to score and create for others
- Effective 1 on 1 player

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- Good decision making abilities
- Scoring threat from the perimeter

Defensively

- Ability to apply fundamental team defensive principles
- Ability to create and read defensive pressure situations
- Ability to defend bigger opponents
- Ability to guard point guards
- Awareness and willingness to rotate out on shooters
- Communicates well, directs transition defence
- Excellent defensive footwork
- Willingness to get out in the passing lanes and deny and contain shooters.

3.2.2.3 Swing Guard/ Small Forward

Offensively

- Ability to get out and run hard in transition
- Ability to make entry passes to both perimeter and post players
- Ability to penetrate to score and pass
- Ability to play effectively without the ball
- Ability to read penetration and position oneself for dish and shot
- Effective 1on1 player, both in the post and on the perimeter
- Good decision making abilities
- Inside/Outside scoring threat
- Must be able to knock down the 3 with consistency
- Rebounds offensively
- Strong ball handling skills, can bring the ball up under pressure

Defensively

- A tough, hard nose defender
- Ability to apply fundamental team defensive principles
- Ability to create and read defensive pressure situations
- Ability to defend opponents best offensive player
- Ability to read defensive situations for traps
- Awareness and willingness to rotate out on shooters
- Can contribute significantly on the defensive boards
- Can guard post players
- Communicates well, directs transition defence
- Excellent defensive footwork
- Inspires, set tones and intensity for post players
- Is physical in the paint and on the perimeter
- Willingness to get out in the passing lanes and deny and contain shooters

3.2.2.4 Big Forward/ Post Player

Offensively

- Ability to move well in limited spaces
- Ability to pass the ball, post to post reads and inside-out passes
- Ability to play effectively without the ball
- Ability to read penetration and position oneself for dish and shot

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- Fights for premium post entry
- Good ball handling ability
- Good decision making abilities
- Is relentless on the offensive boards
- Mid-range scoring ability
- Runs the floor well both up and back
- Solid recognition/awareness of spacing and timing within the offense
- Strength, ability to finish in the paint and on hard fouls

Defensively

- Ability and willingness to recover on defensive transition
- Ability to apply fundamental team defensive principles
- Ability to create and read defensive pressure situations
- Ability to defend bigger opponent
- Awareness and willingness to rotate out on shooters
- Can defend big perimeter players
- Communicates well, directs transition defence
- Creates space for defensive rebounds and boards consistently
- Excellent defensive footwork
- In the paint plays before the opponent gets the ball

3.2.2.5 Post Player

Offensively

- Ability to move well in limited spaces
- Ability to pass the ball out to perimeter players on double teams
- Ability to pass the ball, post to post reads and inside-out passes
- Ability to play effectively without the ball
- Ability to read penetration and position oneself for dish and shot
- Accepts the responsibility that they must score
- Can shoot the 12-15 foot shot consistently
- Fights for premium post territory and command the ball
- Good decision making abilities
- Is relentless on the offensive boards
- Runs the floor well both up and back
- Solid recognition/ awareness of spacing and timing within the offense
- Strength, ability to finish in the paint and on hard fouls

Defensively

- Ability and willingness to recover on defensive transition
- Ability to apply fundamental team defensive principles
- Ability to defend smaller players
- Awareness and willingness to rotate out on shooters
- Banks cutters
- Can defend big perimeter players
- Communicates well, directs transition defence
- Creates space for defensive rebounds and rebounds everything
- Excellent defensive footwork
- Guards the basket and helps team mates that are in front
- In the paint plays before the opponent gets the ball
- Never gives easy scores
- Steps up and attacks any penetration

3.2.3 Character Traits

- **Timeliness:** Ability to show up early/on time day in and day out
- **Work Ethic:** consistency in effort
- **Passion:** Commitment to both sport and improving self
- **Leadership:** Both verbal and non-verbal, doing so with voice or by actions
- **Coachability:** Willingness to take criticism positively and improve from it
- **Selflessness:** Puts team/others' needs before themselves.

3.2.4 Physical Attributes

- **Height**
- **Athleticism:** Explosiveness, jumping ability, lateral movement, agility, speed, timing
- **Positional Strength**
- **Wingspan**
- **Stamina:** conditioning, ability to string together multiple efforts for extended periods of time.

3.2.5 Game sense

- **BFPNG Style of Play understanding**
- **Ability to play without the ball**
- **Court vision**
- **Instincts**
- **Basketball IQ**

3.2.6 Commitment to Training and Competition

Every BFPNG squad has a training and competition plan. Attendance/punctuality and ongoing commitment to this plan is vital for inclusion in selections for final BFPNG teams. Attendance records for training sessions including strength and conditioning and recovery sessions will be kept and submitted to BFPNG. Participation in competitions will be monitored and reports provided to BFPNG.

Schedule 1 - Players Individual Skills Development Matrix

E = Exposed / P = Proficient / M = Mastered

Movement Fundamentals	U10	U12	U14	U16	U18	Team Offense	U10	U12	U14	U16	U18
Change of pace and direction	E	P/M	M	M	M	Court spacing	E/P	P/M			
Stopping – jump & stride stops	E	M	M	M	M	Ball movement, ball reversal	E	P	M		
Pivoting – forward & reverse	E	P/M	M	M	M	Pass, cut & replace	E	P	M		
						Give & go	E	P	M		
Dribbling (strong & weak hands)	U10	U12	U14	U16	U18	Dribble entries	E	P	M		
Speed, Control and retreat dribble	E/P	P/M	M			Screen the ball & roll	E	P	M		
Power dribble	E	P	M			Screen away	E	P	M		
Change of pace / stutter / hesitation dribble	E	P	M			Skip passes	E	E/p	P/M	M	
Crossover dribble	E	P	M			Offensive Transition	E	P	M		
Reverse (spin) dribble	E	P	M			Offensive alignments	E	P	M		
Behind back, inside / out and Between the legs dribble		E	P	M		Back, Down & Cross screens		E	P	M	
						Motion offense principles		E	P	M	
Passing / Receiving	U10	U12	U14	U16	U18	Zone offense principles		E	P	M	
Catching / receiving	E/P	M									
Move to ball	E/P	M				Individual Defense	U10	U12	U14	U16	U18
Chest and Bounce pass	E/P	M				Defensive stance	E/P	P/M			
Overhead, Baseball and Push pass	E	P	M			Maintaining position	P	M			
Pass fakes	E	P	M			Footwork – shuffle and drop-step	P	M			
						Use of hands	P	M			
Shooting	U10	U12	U14	U16	U18	Turning & Channelling	E/P	P	M		
Fundamentals	P	M				Man-to-man – on-ball	E/P	P/M			

Revised, approved & adopted by BFPNG November 2020

Lay-up – strong hand	P	M				Man-to-man – one or more passes away	E	P	M		
Lay-up – weak hand	E	P	M			Defensive triangle	E	P	M		
Reverse and Power lay-ups	E	P	M			Jumping to the ball	E	P	M		
Set shot	E	P	M			Close out	E	P	M		
Jump shot		E	P	M		Defending cutters & Screens		E	P	M	
Foul shots	P	M				Defending post players		E	P	M	
Hook shots		E	P	M		Taking the charge		E	P	M	
Catch & shoot	E	P	M								
Dribble & shoot	E	P	M			Team Defense	U10	U12	U14	U16	U18
						Half- & Full-court man	E	P	M		
Individual Offense	U10	U12	U14	U16	U18	Rotation principles		E	P	M	
Triple threat position	E/P	M				Zone press		E	P	M	
Jab step – strong side drive	E	R	M			Run and jump			E	R	M
Jab step – crossover & shoot	E	R	M			Zone defences		E	P	M	
Shot fakes	E	R	M			Transition defense	E	P	M		
Posting up technique	E	R	M			Trapping Full Court		E	P	M	
Post moves – drop-step		E	P	M		Trapping Half Court		E	P	M	
Post moves – turn-around		E	P	M		Rebounding	U10	U12	U14	U16	U18
V-cuts	E	M				Stance and Positioning	E	P	M		
Flash, Flare and Curl cuts	E/P	P	M			Protection of ball	E	P	M		
						Blocking out	E	P	M		
Out-Of-Bounds Plays	U10	U12	U14	U16	U18	Offensive – power layup		E	P	M	
Baseline & sideline	E	P	M			Defensive – outlet pass, power dribble out	E	P	M		

